

Fruit or vegetable	Sowing season	Ready to eat	Approximate growth time
Rocket	Spring (April to June)	Summer (June to mid-September)	Two months
Spinach	Spring (March to May) Summer (July to September)	Spring, summer and autumn (March to November)	Four to six weeks
Radishes	Spring (March to June) Summer (June to September)	Spring, summer and autumn (April to October)	25 to 30 days
Beetroot	Spring (March to June) Summer (June to July)	Summer and autumn (June to October)	30 days for leaves 50 days for root
Green beans	Spring (April to early July)	Summer and autumn (June to early October)	40 to 65 days
Kale	Spring (April to May)	Autumn and winter (October to March)	25 days for baby leaves 50 to 65 days for mature leaves
Spring onions	Spring (March to June) Autumn (September to October)	Spring (March to April), summer and autumn (June to October)	Eight weeks
Potatoes	Spring (February to May)	Summer and autumn (June to October)	Two to four months
Turnips	Spring (March to June) Summer (June to August)	Summer and autumn (June to October)	40 days for greens 60 days for roots
Strawberries	Winter (January to March)	Replant in May, harvest in summer (June to September)	Three weeks to start sprouting